



# DEALING WITH DISAPPOINTMENT

ROMANS 5:1-5

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## Dealing with Disappointment - July 2024

Romans 5:1-5

*Therefore, since we have been made right in God's sight by faith, we have peace[a] with God because of what Jesus Christ our Lord has done for us. 2 Because of our faith, Christ has brought us into this place of undeserved privilege where we now stand, and we confidently and joyfully look forward to sharing God's glory. 3 We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. 4 And endurance develops strength of character, and character strengthens our confident hope of salvation. 5 And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.*

One of the difficult realities of life is that we will face disappointment. This disappointment can come from family, friends, and leaders. We can even feel disappointed by God. The reality is, disappointing situations can be used by God for our good. We choose how to respond to disappointment. We either respond with faith, or we respond with anger, bitterness, and resentment.

1. What is a time when you felt disappointed?
2. How did you handle the disappointment?

3. What would it have looked like if you faced the disappointment with faith?
  
4. Who were some of the people who disappointed Joseph in Genesis 38-45?
  
5. How do we heal from disappointments?

